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Gift from the Poshard Foundation will help more students deal with trauma

WSIU Public Radio | By **Kevin Boucher**

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- Resources
- Contact Us

“Resilience” is the ability to adapt well to adversity, trauma, tragedy, threats or even significant sources of stress (American Psychological Association). Fostering and building resilience among children is the focus of the Partnership for Resilience, a growing array of education, health and civic institutions.

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The Poshard Foundation recently donated 50-thousand dollars to the non-profit Resilient Southern Illinois, to improve the outcome of traumatized kids.

Jenny Bruner with Resilient Southern Illinois says the money will help all educators become more aware of how to help students.

"But it's really important for all staff members to have the basic training. We aren't training all educators to be social workers or psychologists. But we are trained to give

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that foundational knowledge that's critical for understanding students who've been exposed to trauma."

Bruner adds it is great to have partners like the Poshard Foundation who understand the importance of helping students who have suffered.

Resilient SI is currently working with 15 school districts to improve their response to trauma.

To learn more, send an e-mail to:

jbruner@partnership4resilience.org

Tags

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Kevin Boucher

Born in Newport, Rhode Island to a military family, Kevin Boucher traveled the country and the world at a young age before his family settled in Murphysboro, Illinois in 1976. He earned a Bachelor's degree in Radio-Television at Southern Illinois University (SIU) in Carbondale and worked in commercial radio before becoming the Traffic Manager at WSIU Public Television. Boucher has since earned a Master's degree in Professional Media & Media Management Studies from SIU's College of Mass Communication & Media Arts. He is an outdoor enthusiast who enjoys gardening and exploring the flora and fauna of the Shawnee National Forest and other beautiful natural areas across southern Illinois. Kevin is embarking on a new path with WSIU as the Community Engagement Producer for WSIU Radio. Look for Kevin's work on air and on line.

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